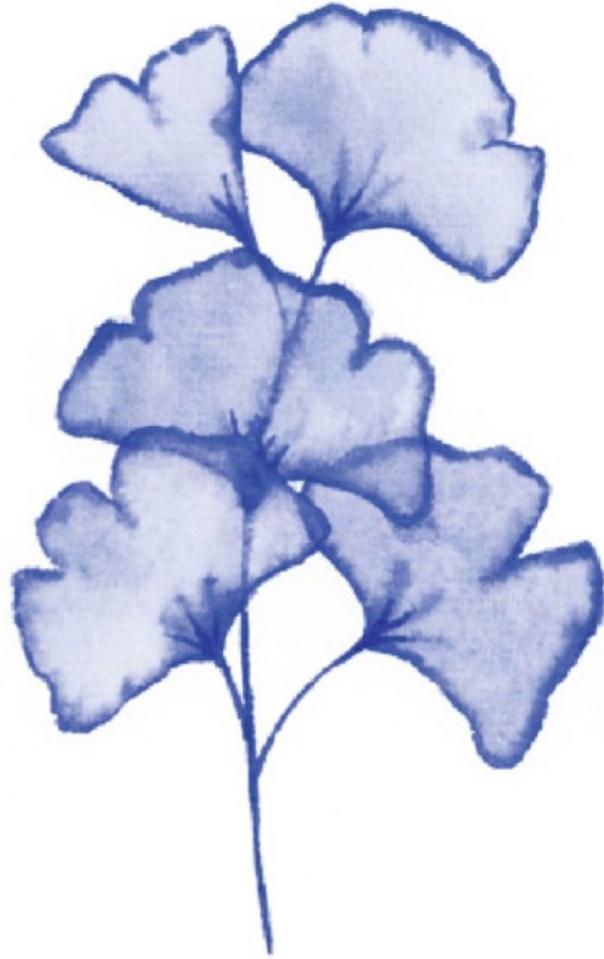


SEPSIS EN DAARNA



'het onzichtbare zichtbaar'

SEPSIS LOTGENOTEN DAG

Een dag die in het teken staat van informatie, beleving en interactie.

It was a great and inspiring
'Sepsis Lotgenoten Dag'!

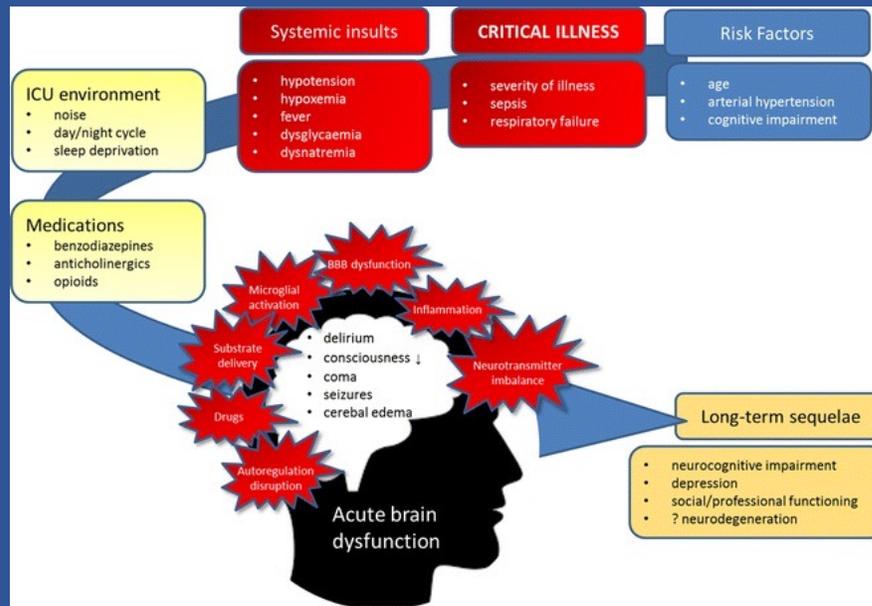


The whole programme was broadcasted from a studio and
shared via live-stream

106 former patients and/or relatives had signed up!

During the first part of the programm 80 % was participating, after that more than 50%,

which is a great score taking into account the limited attention span and energy level amongst former sepsis patients



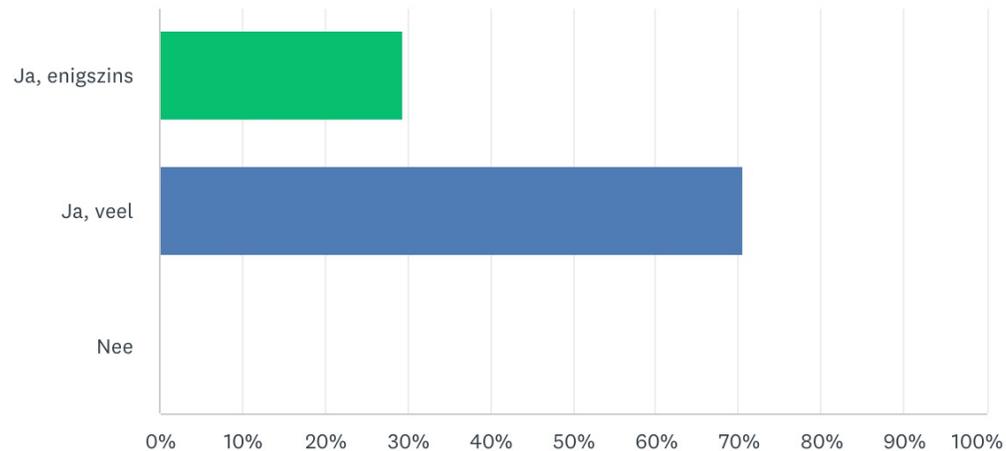
The brain is always in the line of fire, Intensive Care Medicine '17

Being asked: Did this day help you?

70% answered: yes, very much
30% answered: I got something out of it

Hebt u iets aan deze dag gehad?

Beantwoord: 34 Overgeslagen: 0

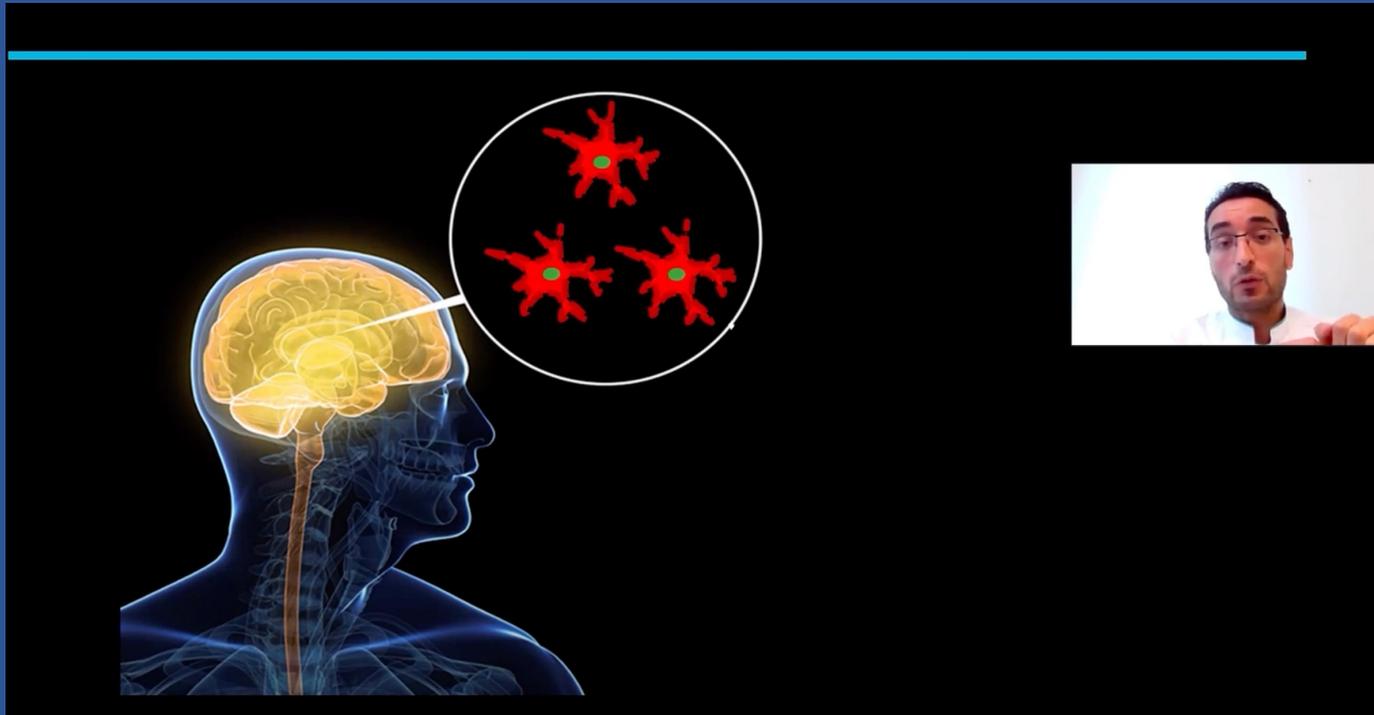


We had wonderful speakers like Farid Abdo, neurologist/intensivist in the Radboudumc and occupational therapist Rob Koppers



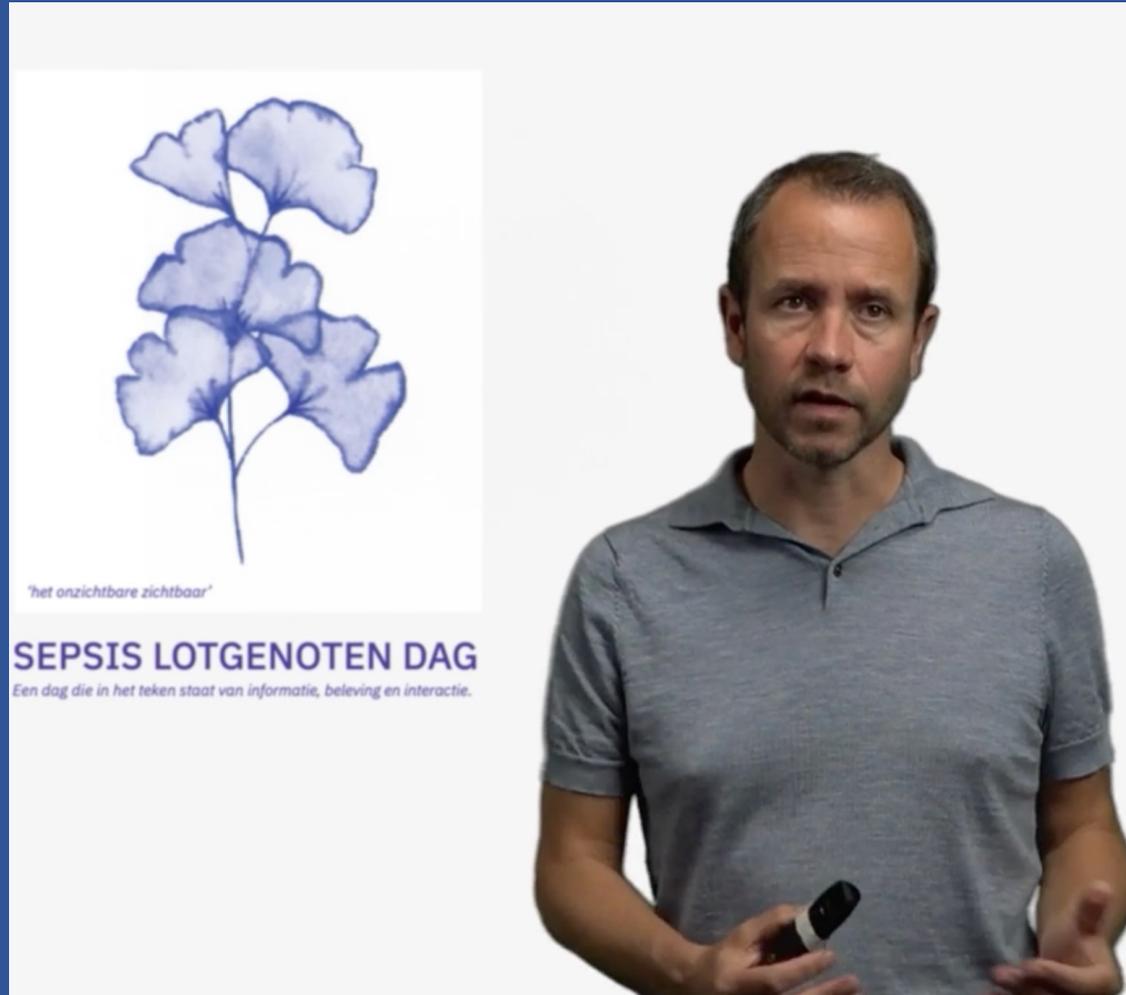
There was a live chat, a lot of questions were asked and answered

Farid Abdo, neurologist/intensivist in the Radboudumc explained very clearly the impact of sepsis on the brain



For a lot of former patients many sequelae suddenly fell into place, like problems with concentration and memory and being easily overstimulated

Rob Koppers had a real practical and supportive presentation too



But above all former sepsis patient Ine and relative Saskia offered the audience recognition



The recordings create a great opportunity for former patients and relatives to watch the video's later on. And they enhance the awareness regarding the after effects of sepsis since they were published online as well, for everyone to see!

And of course, SepsisNet was put in the Spotlight too
(a result of the petition 'SOS voor sepsis')

The screenshot shows the SepsisNet website interface. At the top, there is a navigation bar with the SepsisNet logo and menu items: 'Patiënten' (highlighted), 'Zorgprofessionals', 'Onderzoekers', and 'Over Sepsisnet'. Below the navigation bar is a green header with the text 'Patiënten en naasten'. The main content area is divided into several sections:

- Left side:** A cartoon illustration of a person with a red glow on their chest and a red dot on their leg. To the right of the illustration is a red box with white text listing symptoms: 'S SNELLE HARTSLAG EN/OF ADEMHALING', 'T TEMPERATUUR AFWIJKEND', 'U ONWEL (SLAPERIG OF VERWARD)', and 'P PIJN EN/OF GRIEPERIG GEVOEL'. A play button icon is overlaid on the red box.
- Right side:** A white box titled 'COVID-19' containing text: 'COVID-19 is een ziekte die wordt veroorzaakt door het virus SARS-CoV-2. Patiënten die ernstig ziek worden na infectie met dit virus hebben een verminderde orgaanfunctie (o.a. longen en nieren). Er is hier sprake van sepsis; dit wordt dus zeker niet altijd door een bacterie veroorzaakt.'
- Bottom left:** A white box titled 'Wat is sepsis?' with text: 'Sepsis wordt veroorzaakt door een onregelde ontstekingsreactie van uw lichaam op ziekteverwekkers, zoals: bacteriën, schimmels, virussen of parasieten. De meeste infecties verlopen zonder problemen. Er is pas sprake van sepsis als u zo ziek bent dat er hierdoor organen beschadigd raken.' Below the text is a 'lees meer' button.
- Bottom right:** A green box titled 'Verhalen van patiënten en naasten en lotgenoten-contact' with a 'ga naar verhalen' button.

And the Dutch brochure was brought to the attention of the audience



BROCHURE 'LEVEN NA SEPSIS'

01

INHOUD

MOET IK ME ZORGEN MAKEN OVER SEPSIS?

WAT IS SEPSIS?

Waardoor wordt sepsis veroorzaakt?
Wat gebeurt er bij een sepsis?
Wat gebeurt er in het ziekenhuis?

NA DE SEPSIS: WAT BELANGRIJK IS OM TE WETEN

Mentale problemen
Lichamelijke problemen
Psychische problemen
Sociale problemen

EEN GIDS VOOR OVERLEVENDEN EN HUN NAASTEN

Het herstel na sepsis
Hoe kan ik sepsis voorkomen
Vraag om hulp
Deel uw verhaal

REFERENTIES EN BRONNEN

Nuttige websites
Contact
Woordenlijst

A result of collaboration with the
ESA, available on the website
[Sepsis en daarna](#)

Many thanks to everyone who made this possible!!



Providing so many sepsis survivors and the public with good education about sepsis and its impact

Information and education regarding sepsis:
www.sepsisnet.nl

Coaching and advice, education, book,
workshop, lectures, peermeetings:
www.sepsis-en-daarna.nl

