

Summary

Sepsis is a life threatening illness, resulting in ICU admission for many people. Even without ICU admission recovery can be a long term process for those concerned. This book wants to spare them the lonely quest for explanations and guidance. *Sepsis and afterwards* combines important information and stories from personal experience with the latest developments and insights. Physical and mental aspects are highlighted, together with practical tips that can really make a difference. Sepsis and afterwards provides former patients and their relatives with a clear lead, and offers eye openers to professionals. A helpful guide, during hospital admission and after discharge.

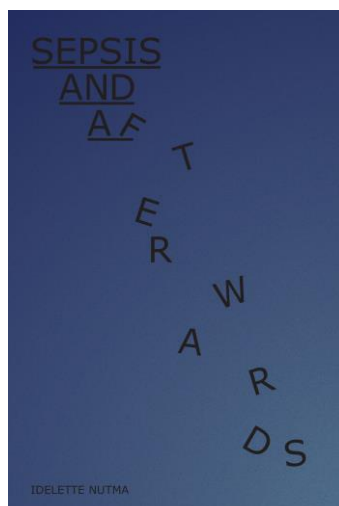
About the author

Having suffered from a septic shock herself, Idelette Nutma, former nurse, has devoted her energies to improving aftercare and raising the alarm on sepsis. In 2012 she published the book 'Septische shock' (Septic shock) and released the website 'Sepsis en daarna'. Apart from giving information and guidance, as seen from the patient's perspective, Idelette Nutma gives lectures and hosts workshops. Furthermore, she is co-founder of the Dutch website www.opeenlicggen.nl and key member of the Family and patient Centered Intensive Care foundation.



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